

Our International Student Welfare Project will be providing knowledge and information to help those studying in the UK integrate and access the help they require. International students can provide valuable resources for companies and this project will aim to reduce any obstacles to their success.

THIS LEAFLET PROVIDES SOME BASIC INFORMATION THAT WILL BE USEFUL TO STUDENTS WHEN THEY FIRST ARRIVE IN THE UK.

WWW.KHALSAAID.ORG

USEFUL PHONE NUMBERS

Police (Non-emergency) 101
Police (Emergency only) 999
Ambulance (Emergency only) 999
Fire 999
NHS advice line 111

TRAVEL INFORMATION

Train information

www.nationalrail.co.uk | www.thetrainline.com

Tube information www.tfl.gov.uk

Bus & coach information

Search for local bus services in your location.

London - www.tfl.gov.uk
Nationwide coaches - www.nationalexpress.com

USEFUL REFERENCES FOR MORE INFORMATION

Rooms to rent

www.spareroom.co.uk

UK Council for International Student Affairs www.ukcisa.org.uk

> UK Government website www.gov.uk

NHS Mental Health Talking Therapies www.nhs.uk/talkingtherapies

The college or university you are enrolled at will also be able to provide you with lots of information and assistance.

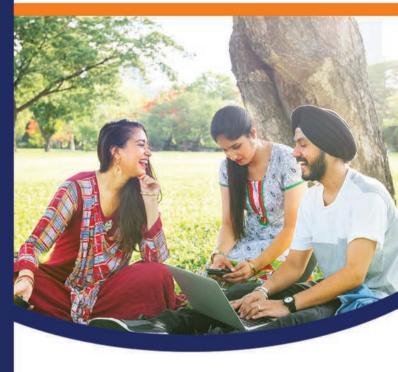
For further information related to this project please scan QR code or email Khalsa Aid International at

uk.studentsupport@khalsaaid.org









STUDENT WELFARE PROJECT

WWW.KHALSAAID.ORG

USEFUL INFORMATION



PROOF OF ADDRESS

In order to register for most services, or to get a job you will need proof of address. For this you can use a utility bill, if you have one. However, if you don't then the best way is to ask the university to post a letter to you with confirmation of your enrolment on a course.

It must be on official headed paper and must be posted to you so that your address is validated.

You may also be able to use your contract/rental agreement or a letter from a solicitor confirming your address.

You will need this proof of address to apply for a driver's licence, register with a doctor (GP), open a bank account, apply for a job and get a National Insurance Number.



NATIONAL INSURANCE NUMBER

You will need a National Insurance number to apply for a job. You can complete the forms on the government website if you live in the UK and have the right to work here. It can take up to 8 weeks to get it.

There is no fee for applying for a National Insurance number.



DRIVER'S LICENCE

Once you have been in the UK for at least 6 months, you will be able to go to the government website to apply for a provisional driver's licence (cost £34).

Once you receive it you will need to complete a Driving Theory Test (cost £23) which contains 50 multiple choice questions and a hazard perception test. It is worth preparing for this and there are free online practise tests available. The third step following this, you will be able to sign up for the practical driving test (cost £62). Again, it is worth taking a few lessons to make sure you are ready for the test. After passing this you can apply for your full driver's licence (free).

*All prices correct at time of printing (December 2022)



REGISTER WITH A DOCTOR (GP)

Find your nearest surgery and ask if they are taking on new patients. Take your ID and proof of address and register so that you can see the doctor if you get ill. There is no charge for this.

If you have an issue with your health, you can often get advice and treatment from your local pharmacy too. Alternatively, you can call 111 or go to your local walk-in centre.



GETTING A BANK ACCOUNT

You will need your passport and visa as photo ID and your proof of address in order to open a bank account. There is no charge for this.



APPLY FOR A JOB

International Students on a full-time degree-level course are permitted to work up to 20 hours per week during term time and full-time during vacations. Students on part-time courses do not have the right to work in the UK. You will need a National Insurance number, passport ID, proof of address and bank account details to show to your employer so you get paid correctly (do not write these on your CV).

The minimum wage at time of writing (2022) is:

Age Over 23yrs	£9.50
Age 21-22	£9.18
Age 18-20	£6.83
Age 16-17	£4.81

When you are offered a job, you should be given a contract that explains the details of your employment including your pay and how much notice needs to be given before you leave. Your employer is also required to pay into your pension, unless you opt out.

